

Outside of Work

How do I know if I was exposed?

You generally need to be in close contact with a sick person to get infected. Close contact includes:

- Living in the same household as a sick person with COVID-19,
- Caring for a sick person with COVID-19,
- Being within 6 feet of a sick person with COVID-19 for about 10 minutes, OR
- Being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, etc.).

If you have not been in close contact with a sick person with COVID-19, you are at low risk for infection. You can continue to go to work, but should monitor your health for 14 days and stay away from others if you get sick.

Work Related Exposure

How do I know if I was exposed?

You generally need to be in close contact with a sick person to get infected. Close contact includes:

- While **not** wearing full PPE (mask, gloves, eye protection) and being within 6 feet of a sick person for about 10 minutes who tests positive for COVID-19.

Examples:

- Being inside of a building with a sick person (positive for COVID-19) while conducting an investigation
- Transporting a sick person (positive for COVID-19) to jail (Deputies should not transport someone known to be sick with COVID-19)
- While not wearing full PPE and being in direct contact with secretions from a sick person with who tests positive for COVID-19.

Examples:

- Being coughed or spit on
- Having to physically subdue a sick person

If you have not been in close contact with a sick person with COVID-19, you are at low risk for infection. You can continue to go to work, but should monitor your health for 14 days and stay away from others if you get sick.

It is important to remember this is a general guideline. Unique cases should be discussed with Chief Bryan Howard and/or Christy Hammond in Human Resources.